

NOTE: A PDF version of the survey is attached to this email.

## The NEW Whole Lesbian Sex Survey

Whether you identify as lesbian or bisexual;  
butch, femme or androgynous; adventurous, sensual, kinky;  
single, partnered, polyamorous, monogamous; traditionally gendered or transgendered;  
sexually experienced and new to sexual exploration,  
this is for you.

NEW COMPLETELY UPDATED 2<sup>ND</sup> EDITION  
**The New Whole Lesbian Sex Book**  
A Passionate Guide for All of Us  
Coming in September 2004 from Cleis Press

**PLEASE do not feel obligated to answer all the questions.**

Respond to only the ones that interest you (& turn you on!!!!). I'd rather you answer a few questions that really matter to you than answer them all superficially -- or hit the delete key because this looks like too much work. I will be very grateful for any info, personal stories and opinions you care to share with me.

**I respect your privacy.** I will excerpt brief, anonymous passages from questionnaire responses to weave throughout the text. I may write back to you to ask a question, and I will send you a notice when the book comes out. Your responses will not be shared with anyone, nor will you be added to any mailing list. If you are concerned about your email address identifying you, please use an anonymous Yahoo or other free email account.

**Thank you for filling out my confidential, anonymous survey.**  
Paste your reply into the body of an email or attach as a Word file.  
Reply to: [fnewman@cleispress.com](mailto:fnewman@cleispress.com)

### How Do You Feel About Your Body?

What's the hottest thing about your body?

What do your partners think is the hottest thing about your body?

What is the hottest thing about your partner's body?

What do you wish you could change about your body?

How does your body fit/not fit your feelings of gender identity?

How do nipple piercings, tongue piercings, genital piercings, genital shaving or other body modifications impact your sex life?

## **Fantasy**

How does your fantasy life relate to your "real" life sexuality? Do you change gender in your fantasies? Do you change "roles" or sexual styles?

Are you ever surprised by your fantasies?

How do you think your favorite fantasy would "work" in reality?

Do you share your fantasies with anyone? Who?

**Great Women Sex Partners** (Longtime sweetheart, regular fuck-buddy, domestic partner, frequent play partner, Top, bottom, polyamorous lover, wedded spouse...)

What have you learned about your own sexuality from your current or most recent partner(s)?

What is satisfying (or unsatisfying) about the specific sexual activities you share with your partner(s)? What works well for you? What doesn't?

What is satisfying (or unsatisfying) about frequency of sex in your relationship(s)?

What if your partners don't like the same kind of sex you do? Frequency of sex? How do you work that out?

How does planning (timing, logistics) figure into your partnered sex life?

What is the most satisfying aspect of your current (or most recent) partnered sexual relationship(s)?

What is the least satisfying aspect of your current (or most recent) partnered sexual relationship(s)?

What actions do you and your partner(s) take to maintain a satisfying sexual relationship?

What has been the most challenging conversation you've had with a partner about sex?

How have safer sex practices impacted your sexual relationships? What have you found helpful? Not helpful?

How has the process of a partner's gender transition (FTM or MTF) changed your sex life? What have you found helpful? Not helpful?

How have sex parties, threesomes, or other multiple-partner experiences been helpful (or unhelpful) in enhancing your sexual relationships?

How have you handled jealousy in your sexual relationships? What have you found helpful? Not helpful?

How have STDs impacted your sexual relationships? What have you found helpful? Not helpful?

How have disabilities or chronic or life-threatening illnesses impacted your sexual relationships? What have you found helpful? Not helpful?

What would you like to teach your current (or next) sexual partner?

### **Orgasm**

What kind(s) of stimulation work best in bringing you to orgasm?

How do orgasms resulting from clitoral stimulation feel different from those resulting from vaginal penetration? Anal penetration?

Do you experience multiple orgasms?

Do you wish you had more, better, different orgasms?

## **Great Sex Lives**

What has been your greatest success (or satisfaction) in creating a sexuality, gender identity, or sex life that works for you?

How have major life changes —new jobs or school programs, birth or adoption of children, moving, new sexual partners—impacted your sex life? What have you found helpful? Not helpful?

How has a personal practice (such as meditation, yoga, aikido, Alexander technique, Feldenkrais, Rosen Method or other bodywork) informed your sexuality?

How have health issues (such as depression, sexual abuse, addiction, recovery, pregnancy, menopause, gynecological concerns, disabilities, medications) impacted your sex life? What have you found helpful? Not helpful?

How has the process of gender transition (FTM or MTF) changed your sex life? What have you found helpful? Not helpful?

Imagine the sex life of your dreams. What's it like? Who is in it? What sexual activities do you engage in? How do you feel about yourself?

## **Breasts**

What kinds of breast stimulation do you like/don't like?

What kinds of toys do you like to use in breast play?

How do nipple piercings affect your sensations?

## **Masturbation**

How important is masturbation in your sex life?

How do you masturbate?

What toys do you use?

What do you like (or not like) about masturbating in front of your partner?

What is your favorite source of erotic stimulation while masturbating — commercial porn, erotic stories or books, fantasies, memories of hot encounters...?

### **Clitoral Stimulation**

What kind of clit stimulation works best for you? Fingers? Tongue? Rubbing against your lover's body? Vibrators? Very direct? Indirect? Hard? Subtle? Fast? Slow?

What do you like (or dislike) about receiving/giving oral sex?

Do you use latex barriers for oral sex? What kind work best? What's that like?

Do you use a vibrator for clitoral stimulation? Which one? How do you use it?

How do genital piercings affect your sensations?

### **Sex Toys**

What is your favorite sex toy? (Please be specific) What do you like about it?

What's your favorite way to use a dildo?

What's your favorite way to use a vibrator?

What is your favorite lube?

Do you use different lube for different sex activities?

Have you ever had an allergic reaction to lube? An infection?

### **Vaginal Penetration**

What do you like (or not like) about vaginal penetration -- with fingers? dildos? vibrators? fisting?

What do you like (or not like) about G-spot stimulation and ejaculation?

### **Anal sex**

What do you like (or not like) about rimming? Do you use latex barriers for rimming? What kind work best?

If you prepare for anal sex by giving yourself an enema, what method works best for you? Do you find it erotic?

What do you like (or not like) about butt plugs? Which is your favorite?

What do you like (or not like) about anal penetration -- with fingers? dildos? vibrators? fisting?

### **Butch/Femme**

What aspect of butch/femme sexuality are the most crucial for you?

As a butch, how do you get off? How do you like to "get done"?

As a butch, how do you "do" your partners?

As a butch, do you like to be penetrated (vaginal or anal)? Do you penetrate your butch partners? Your femme partners?

As a femme, how do you get off? How do you like to "get done"?

As a femme, how do you "do" your partners?

As a femme, do you like to be penetrated (vaginal or anal)? Do you penetrate your butch partners? Your femme partners?

### **Safer Sex**

Do you use condoms, gloves, finger cots, and/or dental dams? When? With whom?

Do you have latex allergies? What substitute barriers do you use?

Do you employ different safer sex precautions when blood may be present? Please explain.

Do you have an STD? Herpes? HIV? Hepatitis C? HPV? Do you tell new sexual partners about these STDs? Why or why not?

### **Blood**

What do you like (or not like) about sex when you are menstruating?  
When your partner is menstruating?

What do you like (or not like) about blood play—such as piercings and cuttings?

### **S/M, Role Playing & Fetishes**

What kind of s/m activities do you enjoy? What do you like about them?

What kind of role playing do you enjoy?

How do you eroticize pain? What kinds of s/m toys work best for you?  
Thud? Sting? Floggers? Cane? Single tails?

How do you eroticize bondage? Tell me what is hot about that for you.

What do you like (or not like) about fetishes —Shoes? Latex? Leather?  
Piercings? Water Sports? Blood? Body size? Body type?

### **Whole Lesbian Sex Book**

If you have read **The Whole Lesbian Sex Book**, what influence (if any) has it had on your sex life?

What new sexual practices have you adopted since reading **The Whole Lesbian Sex Book**?

If you have recommended the book to others, why? Was the book in fact helpful?

If you have recommended the book in your capacity as a health care professional, teacher, therapist, counselor, or coach, why? Was the book in fact helpful?

What topic would you like to see covered in the new edition?

Thank you!

Anything else you'd like to tell me?

**DEADLINE: March 31, 2004**

Return to:

Email: [fnewman@cleispress.com](mailto:fnewman@cleispress.com)

Web: [www.cleispress.com](http://www.cleispress.com)

You can purchase current edition of **The Whole Lesbian Sex Book** from Cleis Press or your favorite online or neighborhood bookstore.

**Felice Newman** is the author of **The Whole Lesbian Sex Book: A Passionate Guide for All of Us** ([Cleis Press](http://Cleis Press), 1999). She has studied sexuality through San Francisco Sex Information and Body Electric, and somatics through the Strozzi Institute. As publisher of Cleis Press since 1980, she has developed and edited books on sexuality and gender by Violet Blue, Susie Bright, Joan Nestle, Tristan Taormino, Patrick Califia, Carol Queen, Annie Sprinkle, Staci Haines, Loren Cameron, and Cathy Winks and Anne Semans of Good Vibrations. She is a writer and sex educator. She lives in the San Francisco Bay area.

You must be 18 years old or over to participate in this survey.

(If you are under 18 and interested in discussions of sexualities, check out a great web site:

[www.scarleteen.com](http://www.scarleteen.com))